



# Hutchins Street Square Senior Center & Pool July 2010

## 4th of July Closures:

Senior Center - Closed Monday, July 5th

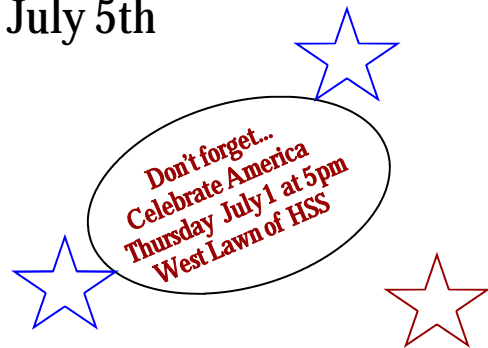
Pool - Closed 4pm on July 1st

Open \*Friday, July 2,

\*Saturday, July 3

\*Monday, July 5

\* Regular Schedule



## **Furlough Friday is July 30th.**

The senior center will be closed. The pool will be open.

### **SERVICES & ACTIVITIES**

Blood Pressure Check .....	Friday July 2 8:30 –10 am
Paralegal Appointments .....	2nd & 4th Thurs of month 1-4pm By appt
Bereavement Group .....	2nd & 4th Wed of month 11 am
Peer Counseling .....	Daily by appointment call 369-6921
Caregiver Support Group.....	2nd Wed of month 4:30
Lodi Senior Citizen Commission Mtg . ...	3rd Thurs of month 8 am
Brain Builders .....	Every Thurs 9:30 –12:30
<i>Register in advance</i>	July session begins Thurs ( 7-1)
Adult CPR Training.....	1st Tues of month 5:30 –9:30 (July 6)
<i>Register in advance</i>	
HICAP (Health Insurance Counseling)...	Daily by appointment call 334-9608
Adult Computer Classes.....	Next session starts Aug.3rd

Mondays...Open Pinochle noon

Wednesdays...Double Deck Pinochle noon

Thursdays... Chess & Board Games 1pm

Fridays... Knitting group 10 am

Fridays... Open Pinochle Noon

For information on any of the above, please call **209-369-6921**

**Free Transportation Cutbacks**  
 The wonderful volunteers of Bethel Church who have been offering free transportation to medical appointments for seniors in the area will not be able to offer the service at least through the summer due to budget constraints. (They will not be able to use the van provided by the church and have no other vehicles available.) Hopefully they will be able to resume this very needed and much appreciated service later in the year.

**Changes in pool schedule for summer**  
 On Tuesday and Thursday evenings, the pool will have the following schedule for the summer:

Adult Open Swim	5pm – 6pm
Cardio Challenge	6pm – 7pm
Lap Swim	7pm – 8pm

**Farmer's Market Nutrition Program**  
 If you are 60 yrs old or older, and are low income you can get coupons to use at any Calif. Certified Farmer's Market through Nov. 2010. Good for only fresh produce, honey and herbs.  
 Coupon vouchers are available at the senior center.



These services are still offered for *free* to seniors. So take advantage of them, before they disappear!  
**HICAP:** Health insurance counseling and advocacy program. If you have any questions or problems with Medicare, health insurance, prescription drug plan, etc. You can meet with a counselor, by appointment, here at the senior center. 334-9608

**Paralegal:** By appointment, our paralegal can help you with simple wills, durable power of attorney, consumer issues, health directives, Elder abuse matters, evictions, quick claims, restraining orders and more. Must be at least 60 yrs old. To make an appointment call 369-6921

**Calif. Telephone Equipment Loan Program:** For those of you who have a permanent or temporary impairment as low vision, hard of hearing, speech impairment, etc., that makes using a telephone difficult. You can pick up an application form and instructions at the senior center. It is Free!

**Blood Pressure Check:** First Friday of every month 8:30 –10 am

## Adult Computer Classes Summer/Fall 2010 Schedule

Classes start the week of August 3rd.

**CLASSES WILL ONLY BE HELD ON TUESDAYS AND WEDNESDAYS**

Beginning Computer 8: 30–10 AM

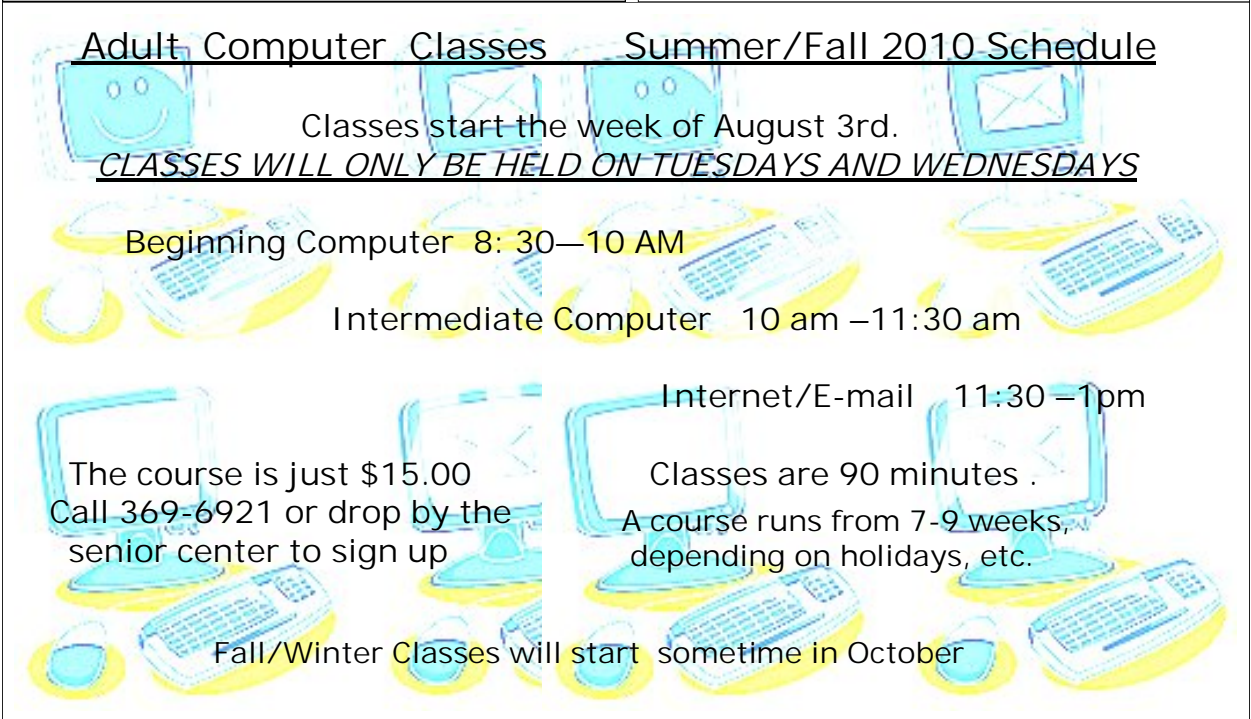
Intermediate Computer 10 am –11:30 am

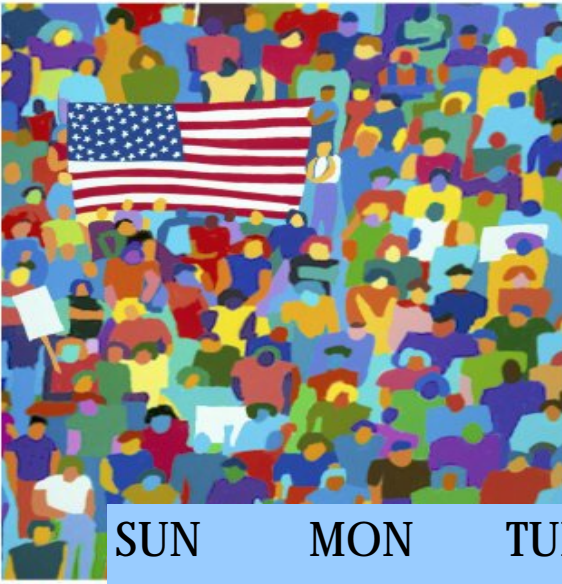
Internet/E-mail 11:30 –1pm

The course is just \$15.00  
 Call 369-6921 or drop by the senior center to sign up

Classes are 90 minutes .  
 A course runs from 7-9 weeks, depending on holidays, etc.

Fall/Winter Classes will start sometime in October





# JULY 2010

SUN	MON	TUES	WED	THUR	FRI	SAT
				1 Celebrate America 5pm Brain builders 9:30—12:30 Chess 1pm	2 B.P. ck 8:30 –10 am Knitting 10 am Pinochle noon	3
They'll be shouting from the mountains on out to the sea, no two ways about it people got to be free, enough to move a mountain, make a blind man see, it's a natural situation for a man to be free. Brigati/Cavalire						
4 	5 Senior Center & Pool Closed	6 OSHER 3:30 – 5pm Adult CPR 5:30	7 Dbl Deck Pinochle noon	8 Chess 1pm Legal 1- 4pm Brain builders 9:30—12:30	9 Knitting 10 am Pinochle noon	10
11	12 Pinochle noon	13 OSHER 3:30 – 5pm	14 Breavement Grp 11am Dbl Deck Pinochle noon Caregiver Support Grp 4:30	15 Chess 1pm Brain builders 9:30—12:30	16 Knitting 10 am Pinochle noon	17
18	19 Pinochle noon	20 OSHER 3:30 – 5pm	21 Dbl Deck Pinochle noon	22 Chess 1pm Legal 1- 4pm Brain builders 9:30—12:30	23 Knitting 10 am Pinochle noon	24
25	26 Pinochle noon	27 OSHER 3:30 – 5pm	28 Breavement Grp 11am Dbl Deck Pinochle noon	29 Chess 1pm	30 Furlough Friday Senior Center Closed Pool Open	31

# Senior Center & Pool Staff and Volunteers

Director of Senior Center Ann Areida- Hintz  
Administrative Clerk Debra Blankenship

## Health Insurance Counselors (HICAP)

Jackie Healy Carol Hoffheinz

## Pool Crew

Aquatics Coordinator Kim McClelland

### Lifeguards & Instructors

Katie Ramsey Hilary Aman Jen Young Kayla Hieb Cody Miller  
Tanner Hickinbotham Elsa Hillstrom Kelley White-Keagy  
Andrea Bryant Jessinia Isordia Greg Backman Daniel Kemether  
Ava Dornbush Robert Hardwick Laura Ramsey  
Matt Pasquarella Brandon Howland

## June Volunteers

### Pool Volunteers:

Len Jurgensen Darlene Blair Tom Sullivan Ed Oster  
Leo Simpendfer Terri Lavotti Karen Stoddared  
Winifred Mitchell Gene Gorman  
Mitzi Breckinridge Sharon Yohn

### Senior Center Volunteers:

Mas Kinoshita Laura Chandler Trudi Rouse Iva Knefler

Hutchins Street Square Senior Center & Pool

125 So. Hutchins St. Lodi, Ca 95240

209-369-6921 [www.hutchinsstreetsquare.com](http://www.hutchinsstreetsquare.com)